**A BAHÁ’Í LIFE IN DYNAMIC HARMONY**

*A Bahá'í Life in Dynamic Harmony* (LDH) is a wholistic program for personal development created primarily for Bahá’í youth between the ages of 12 and 30 who are facing an ever-widening spectrum of responsibilities as they approach and enter higher levels of education, adulthood, the world of work, marriage, and parenthood, and secondarily, for the increasing number of mature Bahá’ís who seek a more balanced, healthy, and wholesome lifestyle. The program sets forth four organizing principles–wholeness, transformation, the inner and outer life, and beauty which is viewed as being composed of the attributes of balance, order, unity, contrast, and harmony. LDH utilizes a universal archetype—the circle—as a symbol of transformation; particularly the quadratic, double circle found in the Native American medicine wheel as: (1) a graphic organizer to facilitate centering and reflection; (2) to visualize, on as regular basis, the balancing of the spiritual, physical, psychological, and social aspects of life; and (3) to classify thirty-six, key life processes such as prayer, nutrition, time management, and various types of communication, each of which is presented in moderate depth with quotations from the Bahá’í writings and professional writers from various fields and with personal experiences of the author.

Wm. Keith Bookwalter holds a Ph.D. in human development with specializations in cognitive development and education. During his forty-six years working at international, private, bilingual schools in Honduras and Colombia and in private and public schools in the U.S., he worked in various positions in administration, staff development, curriculum development, and teaching. He was selected as “one of the foremost achievers” in the field of education by the Marquis Who’s Who Publication Board. His biography appears in *Who’s Who in America* and in *Who’s Who in the World.* He is the author of *The Development of Logical Thinking in Children*, *The Wholistic Educational System* (in the offing)and various professional articles and book chapters on education. He is the co-founder of the Foundation for Multidimensional Education with headquarters in Cartagena, Colombia.Dr. Bookwalter has been a Bahá’í since 1971 and has served the Bahá’í Faith as an international pioneer for nine years in Honduras, thirty years in Colombia, and four years in Bolivia, that included nineteen years of combined service on the national spiritual assemblies of Honduras and Colombia. He has had experience in Bahá’í radio, national treasury, Huqúqu’lláh representation, proclamation, mass teaching, study circle tutoring, junior youth group animating, and children’s class teaching. He is the proud father of four children and grandfather of four girls. His current interests are research, writing, life coaching, and sharing his work with others. He can be contacted at [kbookwalter@gmail.com](mailto:kbookwalter@gmail.com).